



Republic of the Philippines  
**Department of Education**  
 Cordillera Administrative Region  
**SCHOOLS DIVISION OF BENGUET**  
 Wangal, La Trinidad, Benguet



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**DIVISION MEMO NO.** 226 **S. 2019**

**Name of Office: SGOD**

**To:** All Division Office Employees  
 Schools District Supervisors, Coordinating Principals  
 Heads, Public Secondary Schools  
 School/District Nurses  
 All others concerned

AUG 14 2019

**From:**   
**MARIE CAROLYN B. VERANO, CESO VI**  
 Schools Division Superintendent

**Subject:** **Division Search for Best Implementer of the Oplan Kalusugan sa DepEd (OKD) Programs**

**Date:** August 13, 2019

1. The **Department of Education Schools Division Office of Benguet** in cooperation with the **Provincial Government of Benguet** through the **Provincial Nutrition Council (PNC)** will be conducting the **Division Search for the Best implementer of Oplan Kalusugan (OK) sa DepEd for CY 2019.**
2. General Objective: To promote and provide all learners and DepEd personnel with sustainable holistic School Health and Nutrition Program toward healthier behaviors and learning outcomes.  
 Specific Objectives:
  - a. Intensify campaign for the improvement of the OK sa DepEd Program in Schools.
  - b. Monitor and evaluate the implementation of the OK sa DepEd Program in Schools.
  - c. Showcase model schools in implementing OK sa DepEd for other schools to emulate.
3. Each district shall submit 2 entries (1 elementary and 1 secondary school). Each school entry shall submit a copy of entry form with MOVs. The school health Personnel of the district shall recommend the schools to be entered into this competition based on their monitoring activities last SY 2018-2019. The school heads of the selected schools and the Public Schools District Supervisor shall approve the list of entries.
4. Preliminary elimination will be done by the flagship program coordinators and 2 division representatives through the submitted MOVs. Top three (3) entries from Elementary level and top three (3) entries from Secondary level shall be judged and ranked (*back-to-zero*) through school visitation and validation by the MO, Dentist-in-charge and Nurse-in-charge.
5. Submission of entries shall be on or before September 2, 2019.
6. Attached are the criteria for judging and entry form. Immediate and wide dissemination of this memorandum is desired.



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**ENTRY FORM FOR THE DIVISION SEARCH FOR THE BEST IMPLEMENTER OF THE OPLAN  
 KALUSUGAN SA DEPED (OKD) PROGRAMS IN SY 2019 - 2020**

District: \_\_\_\_\_

	Elementary Level	Contact Number
Name of School		
School Head		
Clinic Teacher		
Nurse-in-Charge		

	Secondary Level	Contact Number
Name of School		
School Head		
Clinic Teacher		
Nurse-in-Charge		

Recommended by: *(all school health personnel of the district)*

Approved:

\_\_\_\_\_  
 School Head – (secondary school entry)

\_\_\_\_\_  
 School Head – (elementary school entry)

\_\_\_\_\_  
 Schools District Supervisor



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**CRITERIA FOR JUDGING FOR THE DIVISION SEARCH FOR THE BEST IMPLEMENTER OF THE OPLAN KALUSUGAN SA DEPED (OKD) PROGRAMS IN SY 2019 – 2020**

Item	Areas to be evaluated	%
<b>A. NUTRITION SUPPORT PROGRAMS</b>		<b>20</b>
Nutrition Services received	During SY 2018–2019: <ul style="list-style-type: none"> <li>▪ Nutritional Status assessment: learners/T/NTP (Last 3 yrs) 3</li> <li>▪ SBFP/School Initiated Feeding Program/Hunger Mitigation 2</li> <li>▪ Other Interventions for OW/O/W/SW/S/ST 1</li> </ul>	
Gulayan sa Paaralan (GPP)	<ul style="list-style-type: none"> <li>▪ GPP established for at least 3 years 3</li> <li>▪ Measures/activities for sustainability of program 1</li> <li>▪ Contribution to school feeding program 1</li> <li>▪ GPP reports 2</li> </ul>	
Nutrition Education	<ul style="list-style-type: none"> <li>▪ Integration of health and nutrition concepts and messages in the curriculum (SIP/AIP) 4</li> <li>▪ Celebration of Nutrition month 2</li> <li>▪ Health and Nutrition lectures 1</li> </ul>	
<b>B. HEALTHY SCHOOL ENVIRONMENT</b>		<b>37</b>
NDEP Concepts	<ul style="list-style-type: none"> <li>▪ Tobacco Control Program (school policy, IECs) 2</li> <li>▪ Integration of NDEP to district SIP/AIP/Action Plan 2</li> <li>▪ Teacher and Staff Development 1</li> <li>▪ Parent Education and Community Outreach/ STEP 1</li> </ul>	
ARH Concepts	<ul style="list-style-type: none"> <li>▪ Maternal, infant, child health and nutrition/ Establishment of Breast Feeding Rooms in schools for personnel and learners 2</li> <li>▪ Peer Education/Strengthen the clubs and organization 1</li> <li>▪ Elimination of violence against women and children and other forms of sexual and gender-based violence 1</li> <li>▪ Age and development- appropriate education and counselling on sexuality and reproductive health (modules, visits etc) 2</li> </ul>	
WinS Concepts	<ul style="list-style-type: none"> <li>▪ Water testing, Availability of free, safe, drinking water 2</li> <li>▪ Water containers/tanks/source/supply 1</li> <li>▪ Daily Hand washing/tooth brushing drills/ wash through with soap 2</li> <li>▪ Deworming 2</li> <li>▪ Menstrual Management, availability of menstrual pads 2</li> <li>▪ Adequate toilet seat: learner ratio, gender segregated 2</li> </ul>	
HIV/AIDS Education Program	<ul style="list-style-type: none"> <li>▪ Prevention, treatment, management and IEC of reproductive tract infections (RTI), HIV 1</li> </ul>	



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and AIDS and other sexually transmitted infections (STI)	
<b>Toxic Free Schools</b>	
▪ School policy in waste management	1
▪ Waste segregation	2
▪ Appropriate signage	1
▪ Child Injury Prevention and Control Program	
DO 13 s. 2017, DO 8 s. 2007, DO 52 S. 2008	1
• Canteen TWG (participation/coordination with BLGU)	2
• Documentation	
• (Mandated Food Fortification Project) Utilization of Fortified food products (eg. cooking oils/sugars fortified with vit. A)	
<b>Activities on Schools Health Promoting Schools (DO 43 s. 2011)</b>	
▪ TB Awareness	1
▪ Anti - Dengue Activities	1
▪ Rabies Awareness	1
▪ National Salt Iodization Program/ salt testing of School managed canteens c/o PHO	1
▪ Earthquake/Fire/Safety/DRRM Drills	1
▪ ReDCoP	1
<b>C. MEDICAL, DENTAL, HEALTH MANAGEMENT</b>	<b>33</b>
<b>Mental Health and Psychosocial Support Programs</b>	
▪ Organization of Health and Nutrition clubs for elementary schools	1
▪ Organization of Adolescent Youth Health Clubs (RCY, LINK, etc.)	1
<b>School Based Immunization Program (DM 128 s. 2016; DM 50 s. 2016)</b>	2
• School Master list	
<b>Weekly Iron with Folic Acid (WIFA); Vit A Supplementation Program</b>	2
• School Data for the SY 1 <sup>st</sup> round supplementation	
<b>Oral Urgent Treatment (OUT) (DM 253 s. 2008)/ F. Oral Health Care Program (DM 506 s. 2008; DM 73 s. 2007)</b>	
▪ Tooth brushing drills, BSBF reports if recipient	2
▪ Health Corners	2
▪ Dental referrals	1
▪ Dental services (3 Years)	2
<b>BP ng Teacher Ko Alaga Ko/ Wellness in the workplace</b>	
▪ Annual Medical Clearance for T/NTP (Form 86-3 Years)	3
▪ TP/NTP Consultation and referral	1
▪ Health Status (3 Years)	2
▪ Other Interventions for OW/O/W/SW/S/ST	1
<b>Learner Health Appraisal System (LHAS)</b>	
▪ Physical Assessment (Visual and Auditory Screening) (3 Years)	3
▪ Learner Health Status (3 Years)	2
▪ Consultation and referral	1
<b>Functional clinic, enclosed</b>	